

## Patient Referral

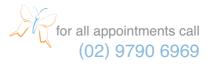
Your doctor has referred you for a test to assist in treating your bladder problem. On the back of this page is some information about the test and a bladder diary for you to complete. This information will be helpful to the doctors.

Patient Name:	Referring Doctor:			
Address:	Address:			
Date of Birth:				
Diagnosis Only Ongoing Management	Phone: Fax:			
Clinical Notes:				
Doctors Signature:	Date:			
Appointment Details				
Date: Time:	Location:			
PLEASE DO NOT TAKE ANY BLADDER MEDIC FOR 24 HOURS PRIOR TO TEST	ATION (EG VESICARE/DITROPAN)			
Liverpool Suite 20, 2nd Floor, 17 Moore Street	<mark>Newtown</mark> Suite 404, 4th Floor, RPAH Medical Centre, 100 Carillon Avenue			
Chatswood Suite 25, Chatswood Village, 47 Neridah Street (Enter via Oscar Street)	<mark>St Leonards</mark> Suite 408, 4th Floor, AMA House 69 Christie Street			

Bankstown Suite 2, Level 1 56 Kitchener Parade Penrith Suite 3, 282 High Street (Next door to St Stephens Church)

## www.urodynamic.com.au | 02 9790 6969

## **Bladder Diary**



Please fill in this chart any 2 days prior to your appointment.

Whenever you drink, fill in the amount of fluid you drink (in mls) in 'IN' column. Whenever you pass water (urine), fill in the amount you pass (in mls) in 'OUT' column. If you leak urine, mark with a ( $\checkmark$ ) each time you leak in 'LEAK' column.

	Day 1			Day 2		
	IN	OUT	LEAK	IN	OUT	LEAK
1 am						
2 am						
3 am						
4 am						
5 am						
6 am						
6 am 7 am						
8 am						
9 am						
10 am						
11 am						
12 md						
1 pm						
2 pm						
3 pm						
4 pm						
5 pm						
6 pm						
7 pm						
8 pm						
9 pm						
10 pm						
11 pm						
12 mn						
TOTAL						

## Patient Instructions for Urodynamic Study

During your appointment you will talk to a doctor, and a gynaecological examination may be performed. Throughout the Urodynamic test, the doctor will be assisted by a nurse. The test involves a small tube into the bladder and the rectum. There should be minimal discomfort. Your bladder will be filled with fluid through the tube and your bladder function monitored with specialist equipment, including ultrasound. The results will then be interpreted and a report sent to your doctor within 2 weeks. You should allow 1-2 hours. Please empty your bladder approximately 90 minutes before your appointment. You should eat and drink normally.