

Patient Referral

Your doctor has referred you for a test to assist in treating your bladder problem. On the back of this page is some information about the test and a bladder diary for you to complete. This information will be helpful to the doctors.

Patient Name: _____ Referring Doctor: _____

Address: _____ Provider Number: _____

_____ Address: _____

Date of Birth: _____

Diagnosis Only Ongoing Management Phone: _____ Fax: _____

Clinical Notes:

Doctors Signature: _____ Date: _____

Appointment Details

Date: _____ Time: _____ Location: _____

**PLEASE DO NOT TAKE ANY BLADDER MEDICATION (EG VESICARE/DITROPAN)
FOR 24 HOURS PRIOR TO TEST**

Locations

Liverpool

Suite 20, 2nd Floor,
17 Moore Street

Chatswood

Suite 25, Chatswood Village,
47 Neridah Street (Enter via Oscar Street)

Bankstown

Suite 2, Level 1
56 Kitchener Parade

Newtown

Suite 404, 4th Floor,
RPAH Medical Centre, 100 Carillon Avenue

St Leonards

Suite 408, 4th Floor, AMA House
69 Christie Street

Penrith

Suite 3, 282 High Street
(Next door to St Stephens Church)



for all appointments call
(02) 9790 6969

Bladder Diary

Please fill in this chart any 2 days prior to your appointment.

Whenever you drink, fill in the amount of fluid you drink (in mls) in 'IN' column.

Whenever you pass water (urine), fill in the amount you pass (in mls) in 'OUT' column.

If you leak urine, mark with a (✓) each time you leak in 'LEAK' column.

	Day 1			Day 2		
	IN	OUT	LEAK	IN	OUT	LEAK
1 am						
2 am						
3 am						
4 am						
5 am						
6 am						
7 am						
8 am						
9 am						
10 am						
11 am						
12 md						
1 pm						
2 pm						
3 pm						
4 pm						
5 pm						
6 pm						
7 pm						
8 pm						
9 pm						
10 pm						
11 pm						
12 mn						
TOTAL						

Patient Instructions for Urodynamic Study

During your appointment you will talk to a doctor, and a gynaecological examination may be performed. Throughout the Urodynamic test, the doctor will be assisted by a nurse. The test involves a small tube into the bladder and the rectum. There should be minimal discomfort. Your bladder will be filled with fluid through the tube and your bladder function monitored with specialist equipment, including ultrasound. The results will then be interpreted and a report sent to your doctor within 2 weeks. You should allow 1-2 hours. Please empty your bladder approximately 90 minutes before your appointment. You should eat and drink normally.